



Important information for your treatment

Where to find us?

Roermond Clinic:

Bredeweg 239, NL-6043 GA Roermond
The Netherlands

Located in Medisch Centrum Bredeweg
Floor: -1 (across the hall from GGZ).

On foot or by bicycle/moped:

Enter the building 'Medisch Centrum Bredeweg' through the entrance on Bredeweg. Take the lift to -1.

By car:

Park on the right side of the building along Bredeweg. Take a parking ticket at the barrier to enter the parking. Drive to deck -1, on the back. You can park in the reserved spaces and take the entrance here at the back. A free exit ticket is provided at reception upon departure.

Rotterdam Clinic:

Strevelsweg 700, NL-3083 AS Rotterdam
The Netherlands

In 'Verzamelgebouw Zuid' (Multi-use building 'Zuid'), 2nd floor, unit 204.

This location is easy to get to by metro and bus (Zuidplein stop) and by car (A15 and A29 motorways). There is (paid) parking in front of the building and space to park bicycles.

Cancellations

If you cannot keep an appointment, we kindly but firmly request you to notify us by telephone at least 24 hours beforehand!

Checking in

Please register at reception when you arrive. After completing a questionnaire, you are interviewed by a nurse and undergo a preliminary examination. Ultrasound scanning is used to determine exactly how many weeks pregnant you are. During the interview with the nurse, you can also discuss your choice of birth control product/method. She can also answer any other questions you may have. Sometimes additional blood tests are required.

Treatment under sedation

When you opt for treatment under sedation, make sure you have fasted before the appointment at the clinic. This means that your stomach must be empty.

- Eating: do NOT eat ANYTHING from 6 hours before the appointment
- Drinking: do NOT drink ANYTHING from 2 hours before the appointment. Drinking water, tea, or coffee without milk is allowed between 6 to 2 hours before the appointment.
- Medication: you can take your usual medication with water up to 1 hour before your appointment. EXCEPTIONS to these rules: blood thinners and diabetes medication. If you are on this kind of medication, please let the clinic know.

*If treatment takes place under a general anaesthetic (=sedation), you are **not allowed to operate a vehicle during the first 24 hours**. We require you to arrange transport back home.*

Follow-up

You visit the clinic again for a check-up after three weeks. You can also have the check-up performed by your own GP or gynaecologist if you wish.

Items you need to bring to the clinic

- Valid ID (passport or proof of identity)
- Insurance card or your health insurance policy. If you do not live in the Netherlands and do not have health insurance here, you pay the costs of the treatment yourself.
- Cash or debit card (Maestro or Credit Card) if you have to pay for the abortion procedure or insertion of an IUD personally. We do not accept cheques.
- If you use medicine: a actual list of the medications you use.
- Nightgown/T-shirt, slippers (or socks), extra underwear (no string), sanitary towels and bathrobe or warm sweater.

If in your possession:

- Ultrasound scans
- Your blood type ID card.
- The doctor's referral letter.

We advise you to leave any valuables at home. However, a lockable cabinet is provided in the recovery room.

(The clinic is not liable for items which are stolen or misplaced.)



Roermond clinic: main entrance at the back.



Rotterdam Clinic: entrance.

Gynaikon Klinieken

+31 (0)88-8884444

info@gynaikon.nl

www.gynaikonklinieken.nl