



Important information for your treatment

Where to find us?

Roermond Clinic:

Bredeweg 239, NL-6043 GA Roermond
The Netherlands

Floor: -1 across the hall from GGZ.

On foot or by bicycle/moped:

Enter the building 'Medisch Centrum Bredeweg' through the entrance on Bredeweg. Take the lift to -1.

By car:

The clinic has reserved parking spaces in the Medisch Centrum Bredeweg car park, at the back (-1) of the building: cross the parking level (turn left towards the exit). You can park here in the bays to the left, outside the main entrance to the clinic.

Rotterdam Clinic:

Strevelsweg 700, NL-3083 AS Rotterdam
The Netherlands

In 'Verzamelgebouw Zuid' (Multi-use building 'Zuid'), 2nd floor, unit 204.

This location is easy to get to by metro and bus (Zuidplein stop) and by car (A15 and A29 motorways). There is (paid) parking in front of the building and space to park bicycles.

Checking in

Please register at reception when you arrive. After completing a questionnaire, you are interviewed by a nurse and undergo a preliminary examination. Ultrasound scanning is used to determine exactly how many weeks pregnant you are. During the interview with the nurse, you can also discuss your choice of birth control product/method. She can also answer any other questions you may have. Sometimes additional blood tests are required.

Treatment under sedation

When you opt for treatment under sedation, make sure you have fasted before the appointment at the clinic. This means that your stomach must be empty.

- Eating: do NOT eat ANYTHING from 6 hours before the appointment
- Drinking: do NOT drink ANYTHING from 2 hours before the appointment. Drinking water, tea, or coffee without milk is allowed between 6 to 2 hours before the appointment.
- Medication: you can take your usual medication with water up to 1 hour before your appointment. EXCEPTIONS to these rules: blood thinners and diabetes medication. If you are on this kind of medication, please let the clinic know.

If treatment takes place under a general anaesthetic, you are not allowed to operate a vehicle during the first 24 hours. We require you to arrange transport back home.

Check-up

You visit the clinic again for a check-up after three weeks. You can also have the check-up performed by your own GP or gynaecologist if you wish.

Items you need to bring to the clinic

- Valid passport or proof of identity.
- Insurance card or your health insurance policy. If you do not live in the Netherlands and do not have health insurance here, you pay the costs of the treatment yourself.
- The doctor's referral letter.
- Your blood type ID card, if you have one.
- Ultrasound scans, if they are in your possession.
- Cash or debit card (Maestro or Credit Card) if you have to pay for the abortion procedure or insertion of an IUD personally. We do not accept cheques.
- Nightgown/T-shirt, slippers (or socks), extra underwear, bathrobe, sanitary towels and toiletries.
- Medicines and a list of the medications you use. If you use medicines, bring them with you on the day on which treatment is scheduled. A list of the medications you use can be obtained from your pharmacy.
- If you wish, you can have an IUD inserted immediately after the procedure. More information about IUDs can be found in the leaflet on birth control. An extra charge is made for inserting an IUD. Please contact the clinic for details of the current charge.

We advise you to leave any valuables at home. However, a lockable cabinet is provided in the recovery room. (The clinic is not liable for items which are stolen or misplaced.)



Roermond clinic: main entrance at the back.



Rotterdam Clinic: entrance.

If you cannot keep an appointment, we kindly but firmly request you to notify us by telephone at least 24 hours beforehand!

Gynaikon Klinieken

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